

Menu Week 1

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Tea (3:30pm)
Monday	Selection of cereals. Wholegrain toast Oranges	Apple and pears	Tuna and Sweetcorn sandwiches with cucumber sticks Melon	Rice Cake	Roast chicken dinner with all of the trimmings. Bananas and custard
Tuesday	Selection of cereals. Toast or crumpets. Plums	Pineapple and kiwi	Ham, cheese and tomato topped sweet potato wedges. Grapes	Cheese crackers	Quorn and vegetable lasagne served with garlic bread baguette Children's weekly bake
Wednesday	Selection of cereals. White toast Kiwi	Pears and apple	Homemade Soup with crusty bread Pineapple sticks	Crackers	Cheese and onion pie served with mash and beans Melon sticks
Thursday	Selection of cereals. Toast or crumpets. Pineapple	Bananas and plums	Selection of wraps with vegetable sticks. Oranges	Oatcakes	Mixed bean Chilli and rice served with nachos on the side Strawberry yogurt
Friday	Selection of cereals. Wholegrain toast Grapes	Apples and kiwi	Carrot and swede waffles with pitta bread, hoummos and cucumber sticks Bananas	Breadsticks	Fish, chips and mushy peas. Pineapple sticks

Menu Week 2

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Teatime (3:30pm)
Monday	Selection of cereals. Wholegrain toast Oranges	Apple and pears	Pitta pizzas Pineapple	Rice Cake	Quorn Spaghetti Bolognese with hidden mushrooms served with cheese and garlic bread Fruity yogurt
Tuesday	Selection of cereals. Toast or crumpets. Plums	Pineapple and kiwi	Fishcake rolls with mayo and cherry tomatoes. Grapes	Cheese crackers	Chicken and vegetable pie with new potatoes Children's weekly bake Oranges
Wednesday	Selection of cereals. White toast Kiwi	Pears and apples	Puff pastry pin wheels served with baked beans Orange	Crackers	Salmon and vegetable creamy pasta Grapes
Thursday	Selection of cereals. Toast or crumpets. Pineapple	Bananas and plums	Homemade tomato and hidden vegetable pasta. Melon	Oatcakes	Roast of the week. Biscuits
Friday	Selection of cereals. Wholegrain toast Grapes	Apples and kiwi	Garlic bread topped with ham, fresh tomato and cheese. Bananas	Breadsticks	Goulash with brown rice Orange jelly with tangerine segments.

Menu Week 3

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Teatime (3:30pm)
Monday	Selection of cereals. Wholegrain toast Oranges	Apple and pears	Crumpets with soft cheese. Pineapple	Rice Cake	Vegetable curry with chick peas with brown rice Natural yogurt and apple puree
Tuesday	Selection of cereals. Toast or crumpets. Plums	Pineapple and kiwi	Fish finger sandwiches and vegetable sticks Grapes	Cheese crackers	Cottage pie served with vegetables. Children's weekly bake
Wednesday	Selection of cereals. White toast Kiwi	Pears and apples	Beans on toast Oranges	Crackers	Roast of the week Melon sticks
Thursday	Selection of cereals. Toast or crumpets. Pineapple	Bananas and plums	Graze board with ham, chicken, cheese, crackers, cucumber and carrot sticks and hummus. Melon	Oatcakes	Tuna and sweetcorn pasta bake Pineapple sticks
Friday	Selection of cereals. Wholegrain toast Grapes	Apples and kiwi	Pizza feast with carrot and cucumber sticks. Bananas	Breadsticks	Meat and potato pie served with mixed vegetables Short bread fingers

Menu Week 4

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Teatime Snack (3:30pm)
Monday	Selection of cereals. Wholegrain toast Oranges	Apple and pears	Chicken strips, pitta bread, dips and vegetable sticks Pineapple	Rice Cake	All day breakfast Rice pudding
Tuesday	Selection of cereals. Toast or crumpets. Plums	Pineapple and kiwi	Selection of quiche and vegetable stick. Grapes	Cheese crackers	Roast of the week Children's weekly bake
Wednesday	Selection of cereals. White toast Kiwi	Pears and apples	Homemade soup and a sandwich. Oranges	Crackers	Spanish chicken served with rice and corn. Fruity flapjack
Thursday	Selection of cereals. Toast or crumpets. Pineapple	Bananas and plums	Homemade pasties with vegetable sticks. Melon	Oatcakes	Fish pie Banana bread
Friday	Selection of cereals. Wholegrain toast Grapes	Apples and kiwi	A selection of cheese on toast topped with ham and tomatoes. Bananas	Breadsticks	Turkey meat balls with tomato and red pepper sauce served with spaghetti. Natural yogurt and fruit