

Menu Week 1

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Lunch (3:30pm)
Monday	-Selection of cereals. -Wholegrain toast - Oranges	Apple and pears, milk and water.	-Pizza feast with vegetable sticks. -Pineapple	Rice Cake, milk and water.	- Tomato and vegetable pasta served with garlic bread and topped with cheese. -Fromage frais
Tuesday	-Selection of cereals. -Toast or crumpets. - Plums	Pineapple and kiwi, milk and water.	-Spaghetti hoops and buttered bread -Grapes	Bread sticks, milk and water.	-Roast chicken dinner with all the trimmings - Weekly bake
Wednesday	-Selection of cereals. -White toast - Kiwi	Pears and apple, milk and water.	- A selection of sausage or cheese and onion rolls with vegetable sticks and coleslaw. -Oranges	Crackers, milk and water.	- Fish pie and peas -Melon sticks
Thursday	-Selection of cereals. -Toast or crumpets. - Pineapple	Bananas and plums, milk and water.	- A selection of cheese and crackers -Melon	Cheese thins, milk and water.	- Mixed bean chilli and rice -Fruit salad
Friday	-Selection of cereals. -Wholegrain toast - Grapes	Apples and kiwi, milk and water.	- A selection of sandwiches -Bananas	Cheese twists, milk and water.	All day breakfast -Homemade cookies

Menu Week 2

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Teatime (3:30pm)
Monday	-Selection of cereals. -Wholegrain toast - Oranges	Apple and pears, milk and water.	Beans on toast Grapes	Rice Cake, milk and water.	- Spaghetti bolognese with hidden vegetables - Fromage frais
Tuesday	-Selection of cereals. -Toast or crumpets. - Plums	Pineapple and kiwi, milk and water.	A selection of sandwiches Melon	Bread sticks, milk and water.	Fish cakes, new potatoes and sweetcorn Weekly bake
Wednesday	-Selection of cereals. -White toast - Pineapple	Pears and apples, milk and water.	Chicken strips, vegetable sticks, pitta bread and hummus. Oranges	Crackers, milk and water.	Cheese and onion pie and beans Bananas and ice cream
Thursday	-Selection of cereals. -Toast or crumpets. - Kiwis	Bananas and plums, milk and water.	Ploughman's Lunch Pineapple	Cheese thins, milk and water.	Tomato and onion pasta bake with garlic bread Melon chunks
Friday	-Selection of cereals. -Wholegrain toast - Grapes	Apples and kiwi, milk and water.	Homemade soup and crusty bread Bananas	Cheese twists, milk and water.	Spanish chicken and rice Jelly with fruit

Menu Week 3

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Teatime (3:30pm)
Monday	-Selection of cereals. -Wholegrain toast - Oranges	Apple and pears, milk and water.	A selection of buttered and soft cheese crumpets Grapes	Rice Cake, milk and water.	Savoury mince with vegetables and Yorkshire puddings. Frozen yogurt lolly
Tuesday	-Selection of cereals. -Toast or crumpets. - Plums	Pineapple and kiwi, milk and water.	Carrot waffles with vegetable sticks, pitta bread and hummus. Oranges	Bread sticks, milk and water.	Vegetable lasagne Weekly bake
Wednesday	-Selection of cereals. -White toast - Kiwi	Pears and apples, milk and water.	A selection of sandwiches. Pineapple	Crackers, milk and water.	Fish fingers, mash and beans Strawberry mousse
Thursday	-Selection of cereals. -Toast or crumpets. - Pineapple	Bananas and plums, milk and water.	Pin wheel pizzas with a variety of toppings and vegetable sticks. Melon	Cheese thins, milk and water.	Gammon dinner with all the trimmings Pineapple sticks
Friday	-Selection of cereals. -Wholegrain toast - Grapes	Apples and kiwi, milk and water.	Topped garlic bread with a selection of cheese, ham and tomato. Bananas	Cheese twists, milk and water.	Chicken curry with rice and naan bread. Shortbread

Menu Week 4

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11:30am)	Snack	Teatime Snack (3:30pm)
Monday	-Selection of cereals. -Wholegrain toast - Oranges	Apple and pears, milk and water.	Potato waffles and beans Pineapple	Rice Cake, milk and water.	Vegetable curry with brown rice and naan bread Fromage Frais
Tuesday	-Selection of cereals. -Toast or crumpets. - Plums	Pineapple and kiwi, milk and water.	Quiche and vegetable sticks. Grapes	Bread sticks, milk and water.	Tomato and mascarpone pasta bake. Weekly bake
Wednesday	-Selection of cereals. -White toast - Kiwi	Pears and apples, milk and water.	Fish finger sandwiches Oranges	Crackers, milk and water.	Jacket potato with a variety of fillings Watermelon
Thursday	-Selection of cereals. -Toast or crumpets. - Pineapple	Bananas and plums, milk and water.	Toasted fruit loaf Watermelon	Cheese thins, milk and water.	Chicken and vegetable pie Fruity flap jack
Friday	-Selection of cereals. -Wholegrain toast - Grapes	Apples and kiwi, milk and water.	Graze board Melon	Cheese twists, milk and water.	World Food Day (a meal from different countries around the world) Ice cream and sprinkles