Menu Week 1
Milk and water served throughout the day.

|  | Breakfast (8-8.30) | Snack | Lunch (11:30am) | Snack | Lunch (3:30pm) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | -Selection of cereals. <br> -Wholegrain toast <br> - Oranges | Apple and pears, milk and water. | -Pizza fest <br> -Pineapple | Rice Cake, milk and water. | -Cauliflower macaroni cheese. <br> -Fromage frais |
| Tuesday | -Selection of cereals. <br> -Toast or crumpets. <br> - Plums | Pineapple and kiwi, milk and water. | -Roast chicken and sweetcorn sandwiches with mayo. <br> -Grapes | Carrot and Cucumber Sticks, milk and water. | -Vegetable curry and brown rice. <br> -Weekly bake |
| Wednesday | -Selection of cereals. <br> -White toast <br> - Kiwi | Pears and apple , milk and water. | -Cream cheese and spinach pin wheels and beans -Oranges | Crackers, milk and water. | -Gammon served in gravy with garlic crushed potatoes and peas. <br> -Melon sticks |
| Thursday | -Selection of cereals. <br> -Toast or crumpets. <br> - Pineapple | Bananas and plums, milk and water. | -Cheese mayo or tuna mayo filled pittas with cucumber sticks. <br> -Melon | Pepper and tomato sticks, milk and water. | -Mushroom and pepper tomato penne with garlic baguette. -Ice cream and sprinkles. |
| Friday | -Selection of cereals. <br> -Wholegrain toast <br> - Grapes | Apples and kiwi, milk and water. | -Posh dogs. <br> -Bananas | Breadsticks, milk and water. | -Fish finger pie and peas. <br> -Homemade cookies |

Menu
Week 2
Milk and water served throughout the day.

|  | Breakfast (8-8.30) | Snack | Lunch (11:30am) | Snack | Teatime (3:30pm) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | -Selection of cereals. <br> -Wholegrain toast <br> - Oranges | Apple and pears, milk and water. | Buttered bagels Pineapple | Rice Cake, milk and water. | Mixed bean chilli and rice Fromage frais |
| Tuesday | -Selection of cereals. <br> -Toast or crumpets. <br> - Plums | Pineapple and kiwi, milk and water. | Cheese, ham and tomato pasta salad. Grapes | Carrot and Cucumber Sticks, milk and water. | Fish cakes served with new potatoes and sweetcorn. Weekly bake |
| Wednesday | -Selection of cereals. <br> -White toast <br> - Kiwi | Pears and apples, milk and water. | Construct your own chicken strip and vegetable wrap platter with mayo dip. Oranges | Crackers, milk and water. | Vegetable jambalaya <br> Strawberry mousse |
| Thursday | -Selection of cereals. <br> -Toast or crumpets. <br> - Pineapple | Bananas and plums, milk and water. | Selection of sandwiches Melon | Pepper and tomato sticks, milk and water. | Roast chicken dinner with roasts, peas, sweetcorn, Yorkshire pudding and gravy. Melon chucnks |
| Friday | -Selection of cereals. <br> -Wholegrain toast <br> - Grapes | Apples and kiwi, milk and water. | Carrot and Swede waffles with sour cream dip and vegetable sticks. Bananas | Breadsticks, milk and water. | Sausage and broccoli cream cheese pasta served with garlic bread Jelly |

Menu Week 3
Milk and water served throughout the day.

|  | Breakfast $(8-8.30)$ | Snack | $\begin{gathered} \text { Lunch } \\ (11: 30 \mathrm{am}) \end{gathered}$ | Snack | Teatime (3:30pm) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | -Selection of cereals. <br> -Wholegrain toast <br> - Oranges | Apple and pears, milk and water. | Fish finger muffins with lettuce and mayo <br> Melon | Rice Cake, milk and water. | Spag bol with hidden mushrooms Pineapple sticks |
| Tuesday | -Selection of cereals. <br> -Toast or crumpets. <br> - Plums | Pineapple and kiwi, milk and water. | Selection of sandwiches Grapes | Crackers, milk and water. | Fish, chips and peas Weekly bake |
| Wednesday | -Selection of cereals. <br> -White toast <br> - Kiwi | Pears and apples, milk and water. | Tuna and sweetcorn pasta salad Oranges | Carrot and celery sticks, milk and water. | Burrito bowl- taco mince, rice, cherry tomatoes, lettuce, mixed beans, cheese and sour cream. Bananas and ice cream |
| Thursday | -Selection of cereals. <br> -Toast or crumpets. <br> - Pineapple | Bananas and plums, milk and water. | Spaghetti hoops with toast Pineapple | Pepper and tomato sticks, milk and water. | Spanish chicken with rice and corn Frozen yogurt lolly |
| Friday | -Selection of cereals. <br> -Wholegrain toast <br> - Grapes | Apples and kiwi, milk and water. | Graze board with cheese, ham, crackers and a vegetable platter. <br> Bananas | Breadsticks, milk and water. | All day breakfast Chocolate dipped shortbread |

Menu Week 4
Milk and water served throughout the day.

|  | Breakfast (8-8.30) | Snack | $\begin{gathered} \text { Lunch } \\ (11: 30 \mathrm{am}) \end{gathered}$ | Snack | Teatime Snack (3:30pm) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Monday | -Selection of cereals. <br> -Wholegrain toast <br> - Oranges | Apple and pears, milk and water. | Toasted fruit loaf Pineapple | Rice Cake, milk and water. | Chicken and broccoli vegetable rice bake Milk lolly |
| Tuesday | -Selection of cereals. <br> -Toast or crumpets. <br> - Plums | Pineapple and kiwi, milk and water. | Pitta bred with chicken strips, vegetable sticks and tzatziki Grapes | Carrot and Cucumber Sticks, milk and water. | Cheese and onion pie with beans Weekly bake |
| Wednesday | -Selection of cereals. <br> -White toast <br> - Kiwi | Pears and apples , milk and water. | Spud mans loaded new potatoes with cheese and beans Oranges | Crackers, milk and water. | Creamy carbonara and garlic bread Jelly |
| Thursday | -Selection of cereals. <br> -Toast or crumpets. <br> - Pineapple | Bananas and plums, milk and water. | Crispy buttered crumpets Melon | Pepper and tomato sticks, milk and water. | Fish pie and peas Fruity flap jack |
| Friday | -Selection of cereals. <br> -Wholegrain toast <br> - Grapes | Apples and kiwi, milk and water. | Spread cheese and cucumber sandwiches with jam scones | Breadsticks, milk and water. | Lamb casserole carrot and Swede mash <br> Fruit salad |

